

The IOWA LION



February 2025

iowalions.org

Don't Get Locked Out of Your Lions Facebook Page Account

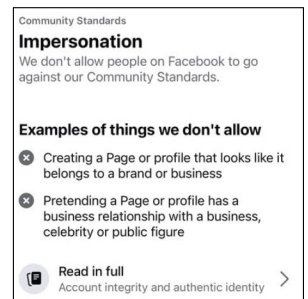
*By PDG Debbie Doty
Editor, The Iowa Lion*

Lions clubs are finding their club's Facebook pages being suspended or removed by Meta, the parent company of Facebook, at an alarming rate. So much so that the Global Lions Forum page has had quite a bit of discussion on it.

Sharon Eberhardt, one of the Global Lions Forum moderators, suggests that if your club's page uses the Lion logo (past or present) as its profile photo (like shown at right), you should probably consider changing it immediately. "The logo as a profile photo seems to be the common denominator in suspensions we have been hearing about recently," Eberhardt said. "So while we know we have permission to use the logo (from Lions International), Meta's definition of impersonation, a Community Standard, doesn't seem to allow that for our clubs."

The Great Plains Lions Leadership Institute Facebook page was recently "locked out" for 10 years because Meta assumed GPLLI was "impersonating" another business (in this case, Lions International). Moderators, including your editor, ignored warnings received in Messenger, assuming they were simply phishing scams. Moderators are still trying to get the page unlocked, but until Meta does unlock it, the group cannot post any new updates.

It is because of the issue with the GPLLI Facebook page that the cover and profile pictures for



FACEBOOK JAIL. An example of a notification one Lions club received stating it had violated Facebook Community Standards.

the Iowa Lions Facebook page were changed so it is no longer using the Lions logo in either graphic.

What alternatives are there? "Plenty," said Eberhardt. "There is a Lions graphics group that might help, but you could also use AI to generate an avatar for your club and highlight something your club is known for (think Lion recycling, Lion running a marathon, Lion flipping pancakes)."

The current graphics used on the Iowa Lions page were created using the AI app in Canva. Canva has a free side to it, but any organization that is actually a 501(c)(3) can apply for a free Canva Pro account, which opens up even more marketing tools.

I would add that districts should consider doing the same with their Facebook and Instagram pages, as well. Meta owns both Facebook and Instagram.

"Now is the time to brand your club!" suggested Eberhardt.

UPCOMING EVENTS

- February** Childhood Cancer Awareness Month
- Feb 11-13** FVDG/DGE Seminar
St. Charles, Illinois
- Feb 15** Int'l Childhood Cancer Day
- Mar 8** District 9MC Convention, Altoona
- Mar 14-15** District 9EC Convention, Camp Courageous, Monticello
- Mar 28-29** District 9SW Convention, Perry
- April** Leo Awareness Month
Environmental Awareness Month
Family and Friends Month
- Apr 11-12** District 9SE Convention,
Mount Pleasant
- Apr 22** Earth Day
- May 2-4** Iowa 1st VDG/DGE Training
West Des Moines
- Jun 6-8** Iowa Lions State Convention,
Des Moines
- Jun 27** Helen Keller's Birthday
- Jun 27-29** Great Plains Lions Leadership
Institute, Baldwin City, Kansas
- July 13-17** Lions International Convention,
Orlando, Florida

**"Service is the rent we pay for being.
It is the very purpose of life, and not
something you do in your spare time."**

Marian Wright Edelman, American Civil Rights Activist



SAVE *the* DATE

**MD9 IOWA LIONS
STATE CONVENTION
JUNE 6-8, 2025**

HOLIDAY INN, DES MOINES AIRPORT

*Watch future issues of The Iowa Lion and the
Iowa Lions Facebook page for more details.*

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(1) Mailed Outside - County Paid Subscriptions		
Stated on PS Form 3541	8	8
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(1) Free or Nominal Rate Outside-County Copies included on PS Form 3541	0	0
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18. Signature and Title of Editor, Publisher, Business Manager, or Owner: (Signed) Debra S. Doty, editor. Date: 12/26/2024. I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).		

State Committee Appointments & Vacancies

The Council of Governors will be appointing chairpersons to the following state-level committees at the June 6, 2025 Council of Governors meeting. Any Iowa Lion in good standing wishing to serve in any of the following positions should inform State Secretary Nancy Oehler Love in writing no later than **April 1, 2025**. Even if you currently hold the position and would like to continue, please submit your name as willing to serve again.

Job descriptions may be found in the Iowa Lions Policy Manual. If you need a copy of these, please contact State Secretary Nancy Love at secretary.iowalions@gmail.com.

Global Leadership Team (GLT)
Coordinator

Global Membership Team (GMT)
Coordinator

Global Service Team (GST) Coordinator

Global Extension Team (GET) Coordinator

Lions Programs for Youth Chair

Elections Committee Chair

State Parliamentarian

State IT Chair

Youth Exchange Camp President

State Diabetes Chair

State Chaplain

Young Lion/Leo Clubs Chair

Public Relations Committee Chair

Convention Planning Committee Chair

International Report

Past International Director
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Congratulations to 9NC, 9NE, and 9NW for Successful District Conventions!

Each had great international guests, seminars, excellent fundraisers for LCIF and Iowa Lions Foundation, as well as *increased* attendance. Let's do the same for the remainder of our 2025 district conventions AND our MD9 State Convention June 6-8, 2025, where International 2nd Vice President Mark Lyon will be our guest at the Des Moines Airport Holiday Inn...in the center of the state, easily accessible by interstate for every Iowa Lion! It's been a long time since MD9 had a sitting international executive officer guest!

News from the 2024 Fall International Board of Directors Meeting

The Oct. 13-16, 2024 meeting agenda was full: PID Tony Benbow from Australia received the unanimous endorsement from executive officers and all LCI board members for 3rd Vice President to be elected in Orlando, Florida in 2025.

Brief details of the meeting:

District/Club Administration: five club officer e-books are being consolidated into ONE and will launch April 2025. Membership & service e-books are being discontinued. **District governors MUST report their district convention date in the Lion Portal in order to receive the club delegate report for voting.** Redistricting fees will probably increase in the future. Leadership: Lions Certified Instructor Program for USA/Canada is Feb. 28-Mar. 3 in Toronto, Ontario. Twenty students were selected from 69 applicants. Congrats to PDG Lisa Prochaska from Clear Lake for being selected as a student! PID Ardie was asked to be one of the two instructors for the class but had to decline because of USA/Canada Forum duties.

2024-25 1VDG/DGE Training: Phase 1 of online classes were assigned on Sept. 13, 2024 and Phase 2 assigned Nov. 8. Phase 3 launches in April 2025. Mandatory in-person training will be Feb. 11-13, 2025 in St. Charles, Illinois, with 685 district governor elects registered to attend. The final day of 1VDG/DGE training is in Orlando in July. The 2024-25 2nd vice district governor virtual training seminar was completed Dec. 5,

2024 with 35 classrooms, each completing six sessions. There were 657 2VDGs registered and they have their participant manuals and pre-assignments to be completed by June 30. The RLLI (GPLLI) curriculum will be revised for 2025-26 year.

Marketing: The new global advertising campaign will include "You Belong" and "Find Yours" and roll out in 2025, along with a branded recruitment kit to showcase Mission 1.5.

2025 International Convention: Moved from Mexico City to Orlando Florida, July 13-17 in the Orange County Convention Center. Headquarters hotel is the Disney Swan Resort. DGEs will all be in the Rosen Shingle Creek Hotel. Officer delegations will be in Rosen Centre and Hyatt Regency Hotels. Early bird registration of \$190 ends March 1. Regular registration is \$265, March 2 thru July 10. Attendees (except DGEs) will select the hotel of their choice when they register.

Membership: Twenty Mission 1.5 summits have been completed globally for DGs and Global Membership Team and Global Extension Team coordinators. GAT Area Leaders are now required to be at least a PDG.

Service: As of Nov. 30, 2024, 49% of clubs globally have reported service with humanitarian, hunger, and environment being the top three causes reported.

IT: The LCIF donation processing delay has been reduced and should be back to the standard processing of 2-3 weeks by early 2025.

Legal: This committee oversees elections at international convention. There are currently 17 officially-endorsed candidates from the U.S. to fill only SIX director positions open for election in Orlando. At least 11 candidates will be asked to "step back".

LCIF: As of Dec. 12, 2024, 644 grants totaling \$18.9 million have been awarded this 2024-25 year. Only 3.3% of individual Lion members have supported LCIF this year. Iowa has received several grants for tornado victims this year. Major catastrophe grants have been awarded in the USA for hurricanes, Japan for flooding, and India for landslides and cyclones. We thank our corporate strategic partners for major donations this year: Johnson & Johnson, Norisys Technologies, Walt Disney Co./ESPN, Lavelle Fund for the Blind, and Cowen Foundation (just to name a few). They help LCIF make a HUGE impact on the lives of thousands of people in need around the world EVERY DAY!

Our 2024-25 LCIF Chairman Immediate Past International President Dr. Patti Hill has challenged every Lion leader to make a personal \$50 donation to LCIF this year..less than \$1 per week! Remember, **every penny** you give to LCIF **goes to help someone in need.** Not one cent is used for administrative costs.

A View from the Chair

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Dawn M. Goodsell

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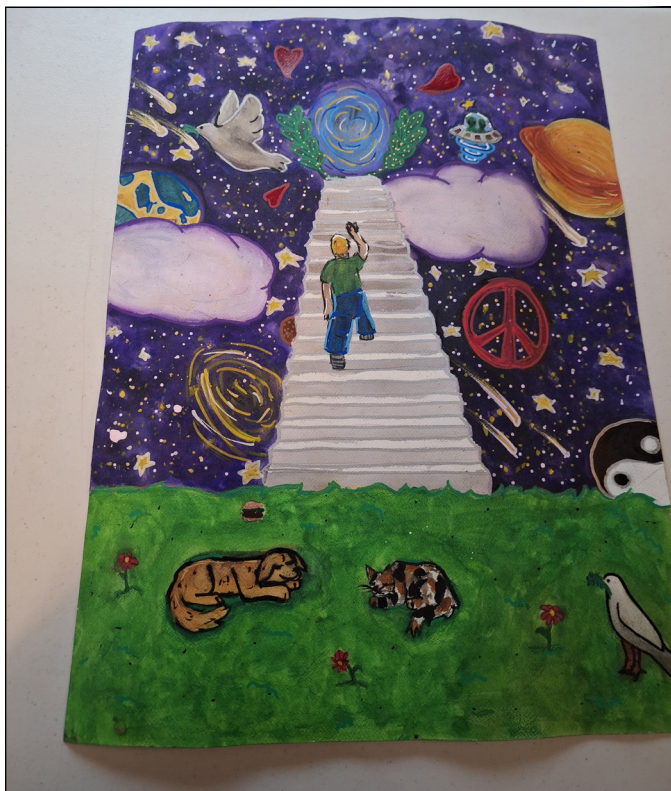


Happy New Year, Lions!

I hope you're all staying warm because this Midwest winter is certainly living up to its reputation! Our club just called for a work detail this weekend, as we're expecting a heatwave of 30°F. Hey, we'll gladly take 30°F over -10°F, right? Is it April yet?

December was a quiet month at the state office, as we worked to ensure everyone could enjoy a stress-free holiday season. However, I do want to remind everyone that the International and State dues invoices went out in January. Let's make sure to get those paid promptly.

I had the privilege of judging this year's Peace Poster contest at the state level. I'm pleased to report that we received some truly incredible entries. The winner this year was from District 9SE, Sofia Santiago who was



STATE WINNER. Sofia Santiago from Roundy Elementary School in Columbus Junction painted the state-winning Peace Poster for 2024-2025. Columbus Junction Lions Club in District 9SE sponsored her poster.

sponsored by the Columbus Junction Lions Club! Please see the picture below for more details. The winning poster has been sent to Lions Clubs International for further judging. Best of luck to them!

Exciting News from the State Office

The IT Committee has been working diligently on a solution for our outdated state website. If you've visited our site recently, you know it's in desperate need of an update. We're aiming to have a new design with current information up and running in the next few months.

In other news, State Secretary Nancy Love has streamlined our award distribution process. Now, our awards vendor will mail out the Warren Coleman Awards directly to requesters, saving both time and money. This change allows Nancy to focus on other important duties.

We've also secured a disaster trailer, which will be stocked with supplies in case of an emergency. We're in the process of arranging insurance for it and giving it a fresh look with a logo. Let's hope we won't need to use it this year, but it's good to be prepared.

Looking Ahead

There are several district conventions scheduled for March and April. Please keep an eye on the magazine for specific dates and locations. I'd love to see you all at these conventions. They're a fantastic opportunity to connect with fellow Lions and meet international directors from Lions Clubs International.

In case you haven't heard, the Lions Clubs International Convention this year has been moved to Orlando, Florida! It's going to be an amazing event, filled with educational meetings, fellowship with Lions from around the world, and perhaps even a little time to meet Mickey Mouse. I encourage you to consider attending! More details are available on the Lions Clubs International website.

Get Involved

If you're interested in learning more about Lions and expanding your leadership skills, be sure to check out the various online training courses available on the Lions Clubs International website. There are courses for KidSight training as well as positions like President, Vice President, Secretary, Treasurer, Zone Chair, and more. We need more Lions to step up and take on leadership roles, so please consider this valuable opportunity.

Happy New Year Once Again!

Stay safe, stay healthy, and keep spreading kindness to those around you.

A History of Type 1 Diabetes

*By PDG William Shutters
MD9 Diabetes Chair*

As early as 3000 BC, there are descriptions of an unusual disease involving frequent urination. As time passed, physicians compiled a list of symptoms, conjectured the cause, developed methods of diagnosis and hunted for an effective treatment for this malady. Various researchers began to suspect that there may be two forms of the disease called Diabetes Mellitus.

By the time of the U.S. Civil War, it was an accepted fact that there were two forms, one which appeared in infants to adolescents, called juvenile diabetes, and one that developed in adults, often as they aged, called adult onset diabetes.

Sir Harold Percival Himsworth published research in 1936 that established there were indeed two types of diabetes mellitus: Type 1— an auto-immune disease that causes the body to lose the ability to produce insulin and Type 2 – a disease that occurs when the body’s cells become resistant to insulin and the pancreas can’t produce enough insulin to compensate.

When you eat food, your digestive system breaks down some of the food you ate into glucose (sugar), which is your body’s main source of energy. The glucose enters your blood stream which signals your pancreas to release insulin. The insulin helps the glucose in your blood enter your muscle, fat and liver cells so they can use it for energy or store it for later use.

When all the glucose has entered your cells and the level of glucose in your bloodstream decreases, your body signals your pancreas to stop producing insulin. If you do not have enough insulin, too much glucose builds up in your blood, causing hyperglycemia (high blood sugar) and your body can’t use the food you ate for energy. Left untreated, this can lead to serious health problems or even death.

Today, we describe Type 1 diabetes as an autoimmune disease that occurs when the body’s immune system destroys the pancreas’s insulin-producing Beta cells. This results in high blood glucose (sugar) levels which causes blood vessels to constrict raising the blood pressure (hypertension) damaging the capillaries (small blood vessels) and starving tissue of the needed blood.

There are two variants of Type 1: one with

antibodies, which means the blood contains one or more of the four pancreatic islet antibodies that are markers of Beta cell autoimmunity; and the second without antibodies, which means no detectable antibodies have developed. Type 1 without antibodies comprises 15% of Type 1 patients.

There are 1.24 million people in the U.S. with Type 1 diabetes today and the number is expected to reach 5 million by 2050. About 7% of people with diabetes have Type 1.

Type 1 diabetes can appear at any age and the damage to the insulin-producing Beta cells can take months to develop, or even years. In children, there are two noticeable periods that it frequently is initially observed. The first is between 4 and 7 years of age and the second is between 10 and 14. It can appear any time in adults, and is called Latent Autoimmune Diabetes in Adults (LADA). This is sometimes known as Type 1.5.

Type 1 is the most common chronic (long term or for life) disease to affect children in the U.S.

Symptoms of Type 1 Diabetes include:

- Increased thirst
- Feeling very hungry
- Frequent urination
- Bed wetting in children who never wet the bed
- Unexplained weight loss
- Mood changes
- Feeling tired and weak
- Blurry vision
- Dry or itchy skin
- Sores that heal slowly
- Tingling or loss of feeling in the feet
- Yeast infection in women

Factors that can increase your risk for Type 1:

Genetic: The risk of developing Type 1 with no family history is .4% If your biological mother has Type 1, your risk is 1% to 4% and 3% to 8% if your father has it. If both parents have Type 1, then your risk is as high as 30%.

Gender: No gender difference in risk.

Geography: The percentage of people in the local

CONTINUED ON PAGE 7

Club Officer Elections: A Gentle Reminder

*By PCC Nancy Oehler Love
Iowa Lions State Secretary*

How many of you use the Who's Who, A Roster of Lion Leaders? Have you ever been frustrated by an email that is not up-to-date or phone number that has the numbers inverted? This is your BIG chance to assist your state secretary in putting together an edition of the Who's Who that will be accurate and up-to-date. And, by the way, the sooner you get your information into the Portal, the happier I will be!

April is the time when you should be conducting the election of club officers for the next Lions year

so that the results will be reported on the Lion Portal NO LATER than May 15. Please pay attention to this deadline, as it will facilitate the compilation of the 2025-2026 Who's Who by the state office.

Lions Clubs International Standard Club Constitution & By-Laws states that club officer elections should be held in April and that club secretaries are to report the results of the election within 15 days.

Officers should be recorded under the tab "Next Lions Year" even if they are repeating officers. This will give them access to the Portal on July 1.

CONTINUED FROM PAGE 6

population who have Type 1 increases as you move away from the equator.

The exact cause of Type 1, what triggers the immune system, which fights bacteria and viruses, to attack the Beta cells is unknown. Researchers are investigating genetics, exposure to viruses or bacteria, and environmental factors as possible causes. There is no known way to prevent Type 1 diabetes.

If left untreated, Type 1 Diabetes can, over time, affect some major systems in the body and these complications can lead to disabilities and even threaten one's life. Some complications of Type 1 include:

Cardiovascular system: coronary artery disease with chest pain (angina), narrowing of the arteries (atherosclerosis), high blood pressure (hypertension), heart attack and stroke.

Ophthalmological: Diabetes is the leading cause of blindness. Diabetes can damage the capillaries in the retina (part of the eye that senses light) (diabetic retinopathy) It can also increase the risk of cataracts, glaucoma, sensitivity to light and night vision.

Neurological: Lack of circulation from capillaries that feed the nerves causes nerve damage (neuropathy) tingling, numbness, burning or pain, especially in the legs. This usually begins at the tips of the toes or fingers and works its way up the limb. Eventually,

there may be a loss of feeling in the limb. Nerve damage and the poor circulation in the feet may cause a cut or bruise to become infected and go unnoticed. If the wound develops gangrene, the toe, foot or leg may be amputated. Damage to the nerves of the digestive system may cause nausea, vomiting, diarrhea or constipation.

Nephrology: Diabetes is the most frequent cause of kidney damage (nephropathy). The kidneys are composed of millions of tiny capillaries that aid in the removal of waste from the blood. When the system is damaged, the damage cannot be reversed. This may lead to kidney failure or end-stage kidney disease which can only be treated with dialysis or a kidney transplant.

Dermatological and oral: Diabetes may leave your skin and mouth more prone to bacterial and fungal infections. Gum disease and dry mouth are more likely.

Reproductive: Gestational diabetes and pregnancy complications: High blood glucose can be dangerous for the mother and child and increases the risk of miscarriage, stillbirth and birth defects. For the mother diabetes increases the risk of ketoacidosis, retinopathy, hypertension, and preeclampsia. For men, erectile dysfunction may be an issue.

District 9NE

District Governor
Chris Waring

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Attention Lions Club Secretaries and Treasurers!

As we start a new year of service, here are a few important reminders to help your club stay on track:

1. Dues Statements Available Online

Remember to check the Lions Clubs International (LCI) website for your club's dues statement. These are no longer mailed and must be accessed through the portal. Timely payment ensures your club remains in good standing, allowing you to continue impacting your community. To find the treasurers report, log into the Lions Portal, click on MY Club, and then click on Club Statements (which is almost in the center of the screen).

2. Need Help Adding New Members?

If you're experiencing challenges entering new members into the LCI portal, don't stress! Our District Administrator is here to assist. Simply reach out to DG Chris at lion.chriswaring@gmail.com for support to ensure your new members are recorded properly and can start their journey as Lions without delay.

Strive for Club Excellence!

The Club Excellence Award is a prestigious recognition that highlights your club's commitment to service, leadership, and growth. For the 2024-2025 year, focus on achieving this honor by:

- Reporting service activities promptly.
- Growing membership by inviting new members.
- Developing leaders and ensuring club officers complete training.

We are in the second half of our Lions year and you still have time to achieve the Club Excellence Award. Check out the [Club Excellence Award page](#) on the Lions International website to learn more.

Together, let's make 2024-2025 a year of excellence and impact! If you have any questions or need assistance, don't hesitate to reach out. Thank you for your dedication to serving others.

Support for Our Foundations

It's not too late to support the Iowa Lions Foundation and Lions Clubs International Foundation! You don't have to wait for your club to make a donation – individuals are encouraged to contribute as well. Every donation, big or small, makes a difference in supporting our vital programs and services.

To contribute:

- Iowa Lions Foundation: send checks to Iowa Lions Foundation, PO Box 1, Monticello, Ia 52310
- Lions Clubs International Foundation: [donate online](#) at the LCIF .

Together, we can make an even greater impact!



JESUP LEGACY. Jesup Lions donated \$40,000 to support various community organizations.

We are sorry for the loss of these dedicated Lions

Club	Member	Years a Lion
Fredericksburg	Warren Means	47 years
Oelwein	Lester Muller	55 years



NEW LEOS. Council Chair Dawn Goodsell welcomes new Leos at the Belle Plaine Leo Club's charter night in October.

Making Your Mark



CEDAR FALLS made and distributed “Packets of Care” containing personal items for men in seven homeless shelters (pictured left).

DECORAH collected 1,500 pairs of glasses (pictured right) and shipped them to Kenya; held a semi-annual highway cleanup and had a pre-game pancake and sausage meal before a Decorah Viking football game; helped staff the Holiday Christmas Lights display at Pulpit Rock Campground with the free will offerings going to the Decorah Area Helping Services Program.



DUBUQUE EVENING rang the bell at a Hy-Vee for the Salvation Army.

DUBUQUE NOON offered gift wrapping services at Kennedy Mall.

GARRISON filled “Sunshine Baskets” to be distributed to the elderly and shut-ins.

HOPKINTON donated \$4,200 to the ambulance service to acquire a life-sized mannequin for training.

HUDSON did over 172 KidSight screenings in Hudson and North Tama; bussed tables at Pizza Ranch; bought Angel Tree gifts for a family in need; refinished a bench that was given to the public library; donated \$200 to the Methodist Church to pay for supplies used to make pocket pillows and blankets for children in the emergency room or admitted to MercyOne Hospital.

NEW HAMPTON worked on the Twin Ponds Nature Center Shelter.

URBANA donated \$500 to the Fire Department.

WAUKON donated \$600 to the Waukon High School Music Department.

WE WELCOME NEW MEMBERS

Club	Member	Sponsor
Belle Plaine	Dillon McGrane	Andy Neuhaus
LaPorte City	Trevor Davis	Zach Hoover
LaPorte City	Keynon Phillips	Shawn Mehlert
Nashua	Jacqueline Livingston	Annette Wood
New Hampton	Joshua Schwickerath	Tom Ryan
Shellsburg	Tim Bird	Edward Schaeffer



HOLIDAY HAPPENINGS. (Above photo) Newhall Lions host Santa Claus at a holiday Christmas party. (Below photo) Decorah Lions volunteer at the Holiday Lights Display at Pulpit Rock Campground.



District 9SE

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Happy New Year. Yes, I may be a month late with wishes but the new year has come about. First of all, I wish to congratulate Sofia Santiago from Columbus Junction on winning the 9SE Peace Poster contest, as well as the state. Her poster has been sent on to Lions International for judging there. I wish her well with the competition on the international level. See a photo of her poster on Page 5 of this issue.

We had a special meeting of the past district governors on Jan. 7 and appointed Theresa Ferdig of Wayland as 2nd vice district governor for 9SE. The process is moving forward as we find leaders for the district. Finding leaders has been a challenge this past three years.

Past International President Brian Sheehan is hosting workshops on club revitalization that I will be attending in January and February.

Keep in mind that the district convention is coming up April 11 and 12 at First United Methodist Church in Mount Pleasant. We are looking at having a night of trivia fun and fellowship after the cabinet meeting on Friday and a full day of activities and seminars on Saturday. International Director Debbie Cantrell and her husband Lion Kevin will be our guests for this year's convention. They met while helping with disaster clean up after the Joplin tornado in 2011. The registration form is on the next page.



WISH LIST. A young girl tells Santa what she'd like for Christmas at the annual Washington Lions Santa Breakfast.



LCIF DRAWING WINNER. 9SE LCIF Coordinator Paul Hain (right) presents Sigourney Lion Andrew Stangl a Melvin Jones Fellowship. Lion Andrew's name was drawn from the LCIF fundraising board after the 9SE Convention last Lions year.

In Memoriam

Member	Club	Years a Lion
William Boley	Birmingham	3 Years
Arthur Nelson	Fort Madison	55 Years



SANTA BREAKFAST. Washington Lion Don Hiner cleans the grill after cooking sausages at the annual Santa Breakfast.

CLUB ACTIVITIES

COLUMBUS JUNCTION donated \$1,000 to the Columbus Community School District Music Department (pictured right with Lion Bill Hingst Jr. presenting the check to Columbus School Music Director Scott Teater) to help purchase uniforms; KidSight screened 36 children at Roundy Elementary Preschool; gave \$142 for two school students to receive eye exams and eyeglasses.



GRANDVIEW-LETTS donated \$150 to the library for books to be passed out at Christmastime; donated \$250 for kids to Christmas shop for parents at the Letts Library; bought eyeglasses for person in need; donated \$500 each to four food pantries.

IOWA CITY KidSight screened 651 children; presented “thank you” plaques to Hudsons Southside Tap for supporting Iowa City Lions Club.

LONE TREE put up 204 U.S. flags in the Lone Tree/ River Junction area in observance of Veterans Day; donated \$1,200 to the Lone Tree Fire and Rescue, \$750 to the Lone Tree Food Pantry for the Thanksgiving and Christmas food baskets, \$75 to the Lone Tree National Honor Society, \$75 to the Lone Tree football team, \$75 to the Freshman class and \$100 to a student who helped the club with the flag project during 2024.

NORTH LIBERTY placed and retrieved flags throughout the community in honor of Veterans Day in collaboration with the North Liberty Optimist Club.

OSKALOOSA KidSight screened 42 children at SONshine Preschool and eight children at A Leap Ahead In-Home Daycare in Pella.

OTTUMWA NOON volunteered at Holiday Nights n Lights.

SOLON CENTENNIAL donated 161 eyeglasses and two hearing aids.

VICTOR placed flags along Main Street for Veteran’s Day.

WAYLAND supported daycare staff by deep cleaning the floors and bathrooms.

WE WELCOME NEW MEMBERS

Club	Member	Sponsor
Wayland	Sheldon Miller	Sid Brooks

LIONS DISTRICT 9SE CONVENTION

Lions Make Your Mark Through Service

April 11-12, 2025

First United Methodist Church
309 N Main St, Mount Pleasant, Iowa

REGISTRATION FORM

NAME: _____

Lion? Y / N OFFICE HELD: _____

NAME: _____

Lion? Y / N OFFICE HELD: _____

ADDRESS: _____

PHONE #: _____

E-MAIL: _____

CLUB: _____

Please note any special dietary needs.

I need a display table for: _____

Friday Night Cabinet Meeting @ 6:00 PM

Friday Night Dinner & Trivia Night @ 7:00 PM

Loose meat sandwiches, pie & homemade ice cream followed by Trivia Game Night with prizes

No. ____ x \$10 = _____

Saturday Convention

(includes continental breakfast & catered lunch)

No. ____ x \$30 = _____

Late Fee (*registrations received AFTER April 1, 2025*)

No. ____ x \$ 5 = _____

Total Enclosed = _____

[Pay online through the 9SE Square site](#)

OR send check payable to **Lions District 9SE**

and mail to PDG Debbie Doty

PO Box 251

University Park IA 52595

HOTEL ACCOMMODATIONS:

A block of rooms has been reserved at the Quality Inn & Suites, 1200 E Baker St, Mount Pleasant, Iowa, \$100/night incl. tax. Call the hotel directly at (434) 907-3378 or (319) 385-0571 and mention “Lions Convention” by March 31, 2025 for the block rate.

District 9NC

District Governor
Mike Ravera

209 North Shore Drive
Clear Lake, Iowa 50428

563-357-5133

lionmikeravera@yahoo.com



Happy New year, Lions team! I hope your holiday season was fabulous and that all of the gift expenses will be paid off by Halloween!

You have probably heard me talk about clubs taking on new things before, but I just have not fallen off that bandwagon yet. Bear with me for just a little longer... please do some hard thinking that is outside of your comfort zone regarding starting a new/different service project. I recommend starting with asking your club members about what they might like to do as a service project.

There's nothing like a couple of adult beverages after a regular meeting to get the creative juices flowing! My home club is lucky to meet in the local VFW, which makes it easy to grab a beer after our regular meeting and sit around "spit-balling" ideas with each-other. We definitely don't come up with an idea every time but that's OK since we have a good time and maybe get one in the group thinking after the fact about a project that the club can take on.

You might say, "But our club is too small to take on anything additional." I would counter that by giving a shout out to the Eagle Grove club that I visited recently. They have only 14 members but have been doing multiple projects for years now. They are doing both fundraisers (something we're all good at!) and amazing service projects. They are using our individual Lions pillars to help focus their projects. These include; Hunger (funded the local No Child Hungry program and packed 78 food sacks for the kids) and Humanitarian (sponsored two local families for Christmas).

WELCOME NEW MEMBERS

Club	Member	Sponsor
Clarion	Kyle Hauenstein	Jared Carder
Forest City	Bharat Bhattarai	Kenneth Korth

Additionally, while I was at their meeting, they were given a presentation by a local youth working on his Eagle Scout project to provide fire protection blankets to all of the households in the city. I believe the club was going to help sponsor the project for the young man. I was thinking what a great project for any club to take on for their community!

Please, please, please, work on thinking "outside the box" regarding new projects. Ask your club members, visit the Lion Portal (there's literally hundreds of project ideas there), ask your non-Lions friends in your community what they think, and don't be afraid to try something new! When we do new and cool projects, people will notice, the general community will notice and you might find that folks will want to learn more about Lions Club and be a part of your team!

In Memoriam

Club	Member	Years a Lion
Clear Lake Noon	Donald Hauge	50 years
Clear Lake Noon	Gary Nyhus	11 years



HONORS. 9NC District Governor Mike Ravera presents Stanhope Lion Erma Bockoven with a prestigious Warren Coleman award.

CLUB ACTIVITIES

CLARION donated \$400 to local teachers.

EAGLE GROVE volunteered at the local mobile food pantry on two separate occasions; sponsored two local families for Christmas; funded the local No Child Hungry program with \$500 and packed 78 food-sacks for the children.

HAMPTON donated \$500 to LCIF, \$500 to Iowa Lions Foundation, \$200 to Camp Courageous, \$100 to Leader Dogs for the Blind and \$100 to Iowa Youth Camp.

OSAGE donated a total of \$12,710 to Mitchell County food bank, Miracle Tree, Salvation Army, Bridges Mentoring, Days for Girls, Cedar Summerstock Theater, Foster Grandparents, National Fire Safety Council, Mitchell County Historical Museum and Mitchell County Concert Association; donated a total of \$3,600 to Camp Courageous, Camp Hertko Hollow, Iowa Lions Foundation and LCIF; made 50 tactile baby blankets that will be given to blind and visually-impaired babies by Early Childhood Transition & Family Services.



SANTA SACKS. Parkersburg Lions (L-R) Past District Governor Tasha Finch, Harlan Schuck, Kate Humphrey and Brenda Everts make Christmas sacks to be delivered with holiday cheer to local elderly residents.



NO CHILD HUNGRY. Eagle Grove Lions members and local schoolchildren at the No Child Hungry food sack packing event.

District 9NW

District Governor
Mike Mulroney

368 Loomis Avenue
Fort Dodge, Iowa 50501

515-570-0298

lions9nwdgmike@gmail.com



Half of our Lion year has passed. Traditionally it's time to make resolutions. I suggest we all look at the Lion goals we set for ourselves. Personally, I need to ask more people if they know about Lions. What we do – WE SERVE. Would they like to come to one of my club meetings? Are they interested in giving back to our city, state and country? We have an organization that can help them. Lions can fill a need that everyone has – a personal need to fulfill their life's purpose.

We have a few months to reset our goals and plans. I attended a Zoom class to teach me how to build up my club, start new club and add members. There are new tools for all of us to use. I hope to become proficient with these new tools to overcome my personal reluctance to ask questions of possible new members.

Please ask me to come to one of your club meetings or a service event. My personal motivation is to be “a servant.” It's why I joined the Lions. It's why I served as a club officer when asked. It's also why I became district governor.

I hope as we work together we can strengthen our clubs, our district and our multiple district. We have succeeded in getting our district leadership for the next two years with two solid, enthusiastic individuals, Steve Rehman and Julie Ford. Both are training hard through Lions International courses to be as well-trained as possible. We need to work with them. They can't do all that's necessary by themselves. I'm committed to do all I can. Will you join too?

As I'm writing in the first week of January 2025, let's remember the Lions that have passed this last year.

“To our absent comrades, may their memory live on in our hearts and may we carry their spirit with us.”

Fort Dodge - Jess R. Lewis

Lehigh - Ray Bass

Ogden - Ronald Trudo

Orange City - Verlyn Fedders

Royal - Harold E. Youngbluth Jr.

WELCOME 2024 NEW MEMBERS

Member	Sponsor	Club
Sandy Koch	Dolores Watson	Akron
Dave Magwire	Dolores Watson	Akron
Dennis Supalla	Dolores Watson	Akron
Michael Hedron	Roger Curtis	Badger
Staci L Harris	Tacy Hyberger	Boone
Jordan T Icenogle	Michele Hull	Boone
Hank E Muzney	Tacy Hyberger	Boone
Jake Berns	Don Ferguson	Churdan
Doug Sorenson	Dennis Tilley	Churdan
Cody A Sleiter	Rick Jones	Ft Dodge Evening
Zachary Dearborn	Kyle Graven	Grand Junction
Jeremiah Smith	Bryce Duling	Madrid
Donna Conaway	Nancy McLaughlin	Marcus
Larry L Oien	Carl Bergstrom	Ogden
Dave Aalbers	Greg Beernink	Orange City
Kevin Lourens	Loree Vander Zwaag	Orange City
Ryan McEwen	Mike Stokes	Orange City
Mike Mulder	Bradley De Jong	Orange City
Joe Mohning	Dusty Pick	Remsen
John Preher	Matt Welter	Rolfe
Benjamin Pullen	Josh Toft	Royal
Bob Seymour	Josh Toft	Royal
Tamara Simmons	Maxine Bettin	Wall Lake

CLUB ACTIVITIES

AKRON gave a Christmas Family donation; made and donated a Christmas wreath.

CHURDAN delivered Meals on Wheels every week; removed 22 dead ash trees from city property; held a Christmas drawing for toys for kids in the community.

FORT DODGE NOON Lions wrapped up its KidSight screenings for the 2024-2025 school year; screening 1,158 children with 64 referred for follow-up.

MANSON held a Christmas party with the district governor as guest; participated in Operation Christmas.



RECOGNIZING OUR NATION'S ARMED FORCES. This is the daytime and evening pictures of the lighted display of the Manson Lions Veterans Memorial. Manson Lions used a \$5,000 Calhoun County Foundation grant to help fund the memorial in the City Park behind the Manson Public Library. During the dedication, each military service was recognized. The military mottos of each service demonstrate their important values of service to our country. The Army began June 14, 1775 and made "This We'll Defend" their motto during the American Revolution in 1778. The U.S. Navy began Oct. 13, 1775, has no official motto. "Not Self, But Country" is above the door at the Naval Academy in Annapolis, Maryland. The U.S. Marine Corps began Nov. 10, 1775, with "Semper Fidelis" (Latin for Always Faithful) set in 1883. The U.S. Air Force began Sept. 18, 1947 after being a part of the U.S. Army as the Air Corps. "Aim High...Fly-Fight-Win" adopted in 2010 by the airmen. The U.S. coast Guard started Aug. 4, 1790. "Always Ready" is their motto: no matter the rough waters, challenging ocean rescues or long hours of ensuring national security the U.S. Coast guard is always ready to respond. The U.S. Space Force began Aug. 29, 2019. "Always Above" representing the protection of U.S. satellites and international space.



SOUP'S ON. Lions and volunteers ready to serve soup at the Carrol Lions Soup Supper. Pictured (L-R) are Lions Bruce Boehm, Emilie Agan, Andrea Flug, volunteer Kerri Trecker, Lion Lisa Mohr, volunteer Ceril Gregor and Lion Mark Tunning.



KEY TO MEMBERSHIP. Akron Lions Club President Tom Schroeder (right) presents Lion Dee Watson with a Master Membership Key for sponsoring 20 new members who remained Lions at least a year and a day.



FLY-IN. Santa arrives in Manson via helicopter Dec. 1 thanks to support from Unity Point Health and the Manson Lions Club.

District 9SW

District Governor
Gary Glockhoff

7610 Wistful Vista Dr. #1102
West Des Moines, Iowa 50266

319-560-2868

g.glockhoff@gmail.com



Hello to all of the wonderful Lions from District 9SW. I'm particularly happy because my daughter and her husband have agreed to become the newest members of the Waukee Lions Club. They tell me that with their busy schedules and raising a 9 year old and 6 year old, they may not attend a lot of meetings, but they promise to take part in service activities. More hands = more work. Every Lion needs to look around and pick a person to invite to become a Lion. You just might be surprised when they say "YES."

Our District 9SW Convention is just around the corner and you don't want to miss it. Our International guest is International Director Chris Carlone from Louisiana. Our theme is in his honor - Mardi Gras!

We are going to have a good old-fashioned convention in a terrific venue. The Hotel Pattee in Perry, Iowa will serve us delicious meals and we have some fun activities planned for Friday night.

Lions International is changing and I want you to be aware of the facts of life. As more of our membership is overseas and North American numbers are falling, we will lose some representation on the international board. As people move from New York to Florida, New York is going to lose members in the House of Representatives and Florida will gain members. If we have fewer international directors, they will be spread thin trying to visit district conventions. If they attend a convention and only a small number of Lions attend, International will bypass the small ones and only pick the larger conventions. Please fill out your registration form and get it in to Kristin Glockhoff. Kristin had a good thought. Why not have your club budget an amount for the purpose of sending your president or secretary, or even a new member, to the convention. I would love to

MAKE YOUR MARK...WITH NEW MEMBERS

Member	Sponsor	Club
Roger Torrence	Andrew Lent	Indianola
Kristine Wahlers	Andrew Lent	Indianola
Joshua Bragg	Dwight Winebrenner	Leon
Karla Harrah	Elizabeth Schmidt	Leon

see a representative from every club in the district attend our District 9SW Convention in Perry on March 28-29.

If you feel a member of your club is doing an extraordinary job this year, let me know. I want to recognize them at the convention.

Thanks to the 13 clubs who have reported service, but five of those reports didn't actually register for one last action that has to be completed. After the report is made you have to go back out and find the status and click the box that says Report Complete. That changes the report from a draft to a completed report.

Thanks to Guthrie Center and Grand River for their invitation to visit their clubs. On Dec. 20, we had a leadership summit at Exira to try to develop some kind of succession schedule. Our district is likely not going to have a governor next year unless a qualified Lion steps up to take the job. There are a lot of Lions out there in 9SW who would do a great job as DG, but for some reason they are reluctant to step up. I can promise you that you would have great help from the past leaders and you CAN get through a successful year. Please let me or Allen Zobel know that you have an interest.



FOOD AND PAPER DRIVE. Exira-EHK Leos prepare to deliver food and paper products they collected for a food pantry.



SUPPORTING LOCAL FAMILIES. Waukee Lions present a \$1,250 check to Waukee Christian Services to sponsor four families during the holidays.

9SW CLUBS MAKE OUR MARK ...THROUGH SERVICE

ZONE 1

GLENWOOD donated \$1,500 to West Central Community Action food bank in Malven; KidSight screened seven children; helped unload the food truck at Mills County Storehouse; collected 300 items for Mills County Storehouse from club members.

NEOLA sorted and bagged cans and bottles for redemption.

VILLISCA took a patient to an ophthalmology appointment for macular degeneration treatment; assisted a homebound person with doctors appointments, running errands and grocery collection.

ZONE 2

AUDUBON gave personal donations to a nursing home during our annual Christmas party; volunteered to do SHIP consultations for citizens who have questions concerning Medicare and prescription drugs.

ZONE 3

GUTHRIE CENTER held a blood drive with Life Serve Blood Bank; drove ACGC Leos to deliver Meals on Wheels; also did separate Meals on Wheels distribution.

ZONE 4

ADEL dispersed \$15,500 to various organizations who assisted them in the 2024 Holiday Flags Program; purchased an 18' retractable flag for the ADM school for use in their auditorium.

STUART served soup; donated \$200 to the Stuart food pantry; provided hundreds of gifts for 95 children to give to their families; provided 84 people with free carriage rides along with cookies and hot cocoa.

WAUKEE volunteered at Blank Children's Hospital Festival of Trees; wrote Christmas cards to care center residents as part of the GlamourGals "My Dear Friend" program.

ZONE 5

INDIANOLA NOON donated \$500 to Camp Hertko Hollow, \$500 to sponsor a Leader Dog puppy, \$1,000 to Camp Courageous and \$2,000 to the Indianola Dollars for Scholars program.

NORWALK called the Bingo games at Norwalk Parks & Recreation's Bingo Night.

ZONE 6

ADAIR sang Christmas carols and provided Christmas music at several care facilities; attended the Casey Community Christmas Dinner; prepared & served soup, sandwiches and desserts for Adair's annual Festival of Trees; helped with Adair Food Pantry; took a shut-in to medical appointments; gave personal donations to Atlantic Lions Club for Christmas Tree Sale and to Stuart Lions Club for Christmas soup luncheon; personal donations to local food pantry, cooked Christmas dinner for shut-ins; sent Christmas cards to 258 shut-ins.

FONTANELLE held its annual Pancake Day with a visit from Santa Claus.

ZONE 8

LAMONI KidSight screened eight children.

DISTRICT 9SW SPRING CONVENTION

Registration Form

(please send one form per attendee)

March 28-29, 2025

HOTEL PATTEE

1112 WILLIS AVENUE, PERRY, IA 50220

NAME: _____

DISTRICT: _____ CLUB: _____

OFFICE: _____

PHONE #: _____

E-MAIL: _____

Please note any special dietary needs.

I need a display table for: _____

I need electricity: Y N

Please mark what you plan to attend:

FRIDAY, MARCH 28 ONLY

6 p.m. - Mardi Gras Dinner & Entertainment (Reservations Required)

___ Friday Meal Only - \$40

SATURDAY, MARCH 29 ONLY

8:30 a.m. to 3 p.m. - Convention (Speakers, Awards, Parade of Checks)

___ Saturday Registration & Meals - \$30 includes morning beignets & lunch

___ Saturday Registration Only - \$15 (no meals)

FRIDAY & SATURDAY (FULL WEEKEND)

___ Full Weekend - \$60 (includes Fri dinner, Sat beignets, Sat lunch)

Registrations due by March 14

Make checks payable to **District 9SW**

Mail registration form and payment to:

Kristin Glockhoff

7610 Wistful Vista Dr #1102

West Des Moines, IA 50266

HOTEL INFORMATION:

Hotel Pattee 1112 Willis Avenue, Perry, IA 50220

Phone: (515) 465-3511

\$159+tax Regular; \$249+tax Suite

Super 8 Motel Mention Lions to get Convention Rate

701 26th St, Perry, IA 50220

Phone: (515) 758-8934

\$84+tax for 2 Queen Beds; \$89+tax for King Bed

District 9MC

District Governor
Bill Pollard

2401 8th St. Court SW
Altoona, Iowa 50009

515-480-2210

billpollard54@yahoo.com



The District 9MC Convention will be held March 8 from 9 a.m. to 2 p.m. at The Lutheran Church of the Cross, 1701 8th St SW, Altoona.

Our International guest will be International Director David Wineman from Michigan. Breakfast and registration will open at 8 a.m. The cabinet meeting will run from 9-10 a.m. The convention activities will be from 10 a.m. to 2 p.m. There will be classes, speakers, service activities, elections, display tables with Lions information and opportunities, contests, opportunities to purchase pins and Lions supplies and a Strides Walk.

A Blue Plate lunch will be served at noon. If you are contemplating serving as a 9MC district governor, vice district governor or Iowa Lions Foundation trustee for the 2025-2026 Lions year, please contact District Governor Bill Pollard by email at billpollard54@yahoo.com to complete the paperwork. And thank you for considering it. Lions have existed for over a century because new leaders bring new ideas. We can't spell Success without U.

If you have never been to a district convention, here's a chance to remedy that, and if you have been, organize a contingent from your club and attend. There will be a prize for the club with the most members in attendance. Complete the registration form on the next page and forward it to the address at the bottom or email and pay at the door. The registration fee is \$30. We are not out for blood, but you will have an opportunity to have a blood glucose test. Ninety percent of people in the United States are living with undiagnosed pre-diabetes.

If you have questions or concerns with respect to the convention, contact Bill Pollard, Judy Stone at jstone4254@live.com or William Shutters at washutters@gmail.com. See you there.

SERVICE RECOGNITION.

Des Moines South Lions Betty Sue Harris and Dave Lybarger display a map showing where all the veterans who attended their Veterans Breakfast served in the military.



SOUP'S ON. Traer Lions Peggy Finzen and Dave Forbes serve dinner at the club's annual Soup Day.



HERE WE GO A CAROLIN'. Union Carolers entertain the Dysart Lions at their Christmas Party.



POPPING SATURDAY. Marshalltown Lion Deb Lang sells popcorn at Hy-Vee.

WE SERVE

ALTOONA held a dinner party with the Altoona American Legion Post with a magician as entertainment; transported cornea tissue for the Iowa Lions Eye Bank.

BEAMAN donated \$100 to help families purchase Christmas presents for their children, \$150 to Camp Courageous, \$100 to help refurbish the Beaman pickleball court; supported and stocked the Beaman Lions Food Bank.

DES MOINES HOST donated \$3,000 to Iowa KidSight; KidSight screened 776 children in Des Moines Schools.

DES MOINES SOUTH held a breakfast for veterans; collected and cleaned 450 pairs of used eyeglasses; KidSight screened 182 children; delivered Meals on Wheels and helped a farmer.

DYSART conducted a popcorn fundraiser; sponsored a blood drive with 24 donors donating 27 units which will save up to 84 lives; served pancakes to the community at the Dysart Community Foundation Christmas Celebration with Santa and hayrides; held a Christmas light contest for the best decorated home.

GARWIN held an Election Day Soup Supper; KidSight screened children at the Green Mountain-Garwin Schools, the South Tama Community and the Meskwaki Settlement; donated food to the South Tama County Food Pantry; renewed \$500 scholarships for Green Mountain-Garwin High School students; and donated to Camp Courageous.

MARSHALLTOWN EVENING held a Christmas party with the Morning Kiwanis with 46 in attendance; popped popcorn at Hy-Vee each Saturday.

MITCHELLVILLE KidSight screened children at two Southeast Polk Schools; sponsored a community hayride to view the holiday lights; served a Christmas dinner; transported cornea tissue for the Iowa Lions Eye Bank.

REINBECK conducted a Bingo game in conjunction with the Miracle on Main celebration; and held a Christmas party with the spouses.

TRAEER held its annual Lions Club Soup Day serving bean soup, chili, beefburgers, veggies, pie and ice cream; conducted the annual Traer Lions Club Christmas Lights Contest and awarded cash prizes of \$100, \$75, and \$50 for first, second and third place, respectively; sponsored the Traer Lions Club Bowls for Bucks with the winners of the Iowa State and Iowa squares receiving \$100 and the winners of the other bowl games squares receiving \$60; and worked in the Traer Community Theater Concession Stand.

URBANDALE collected used eyeglasses and delivered them to the State Office; received an update on first responders from the chief of police and fire chief; transported cornea tissue for the Iowa Lions Eye Bank; donated \$1,000 to LCIF and \$500 to the Iowa Lions Eye Bank Give Sight, Give Love Project.

WEST DES MOINES collected over 300 pairs of used eyeglasses and delivered them to the Lions State Office; donated \$300 to the Iowa Lions Eye Bank Give Sight, Give Love Project.



District 9MC Convention

March 8, 2025

9 a.m. - 2 p.m.

Lutheran Church of the Cross
1701 8th St SW, Altoona, IA

Please send one form per attendee.

Name _____

District _____ Circle One: Lion/LEO/Guest

Club _____

Phone _____

E-mail _____

Please note any dietary needs.

Registration fee: \$30.00

Includes continental breakfast and lunch

Cabinet Meeting 9:00-10:00

Convention follows 10:00-2:00

International Director David Wineman
from Michigan

Registration due by March 5, 2025

Make checks payable to: District 9MC

Send to: 9MC District Treasurer

Wm Shutters

9807 Quail Ridge

Urbandale, IA 50322

washutters@gmail.com

District 9EC

District Governor
Phillip Larabee

908 W 1st St
Monticello, Iowa 52310

319-465-5006

phillip.larabee@gmail.com



Happy New Year!

This past year, my wife and I witnessed the first day of winter twice in the same calendar year. We traveled south of the equator and visited our third continent. These three items were never on our radar, but it was all because of Lions International that they occurred. Thank you for the support so Laura and I could create these special memories.

One item I need to let everyone know is our district convention will most likely have some changes to the agenda compared to the past. While typically the International Director speaks after lunch of the event, I am expecting International Director Robert "Ski" Marcinkowski from Fairbanks, Alaska will most likely need to speak in the morning. Why? He needs to be in Chicago, Illinois for a Lions International Board Meeting which starts at 6 p.m. on March 15. Ski and his wife Janis will drive from Monticello to Chicago after lunch, so we will say goodbye to our friends from Alaska early.

It is also time to think about the offices of 2nd vice district governor, Iowa Lions Foundation trustee and a representative to serve a three-year term on *The Iowa Lion* Editorial Board which needs to be filled. If I receive no names by Feb. 13, then we will take nominations from the floor for these positions.

It is also time to nominate members for Leader of the Year and Lion of the Year. Please send your nominations to me at the email above.

Remember to make your personal donations to Iowa Lions Foundation and Lions Clubs International Foundation. If you have any questions about how to make your personal donation please contact me at the email above.

I look forward to seeing everyone at the 9EC District Convention at Camp Courageous of Iowa on March 15.

In Memoriam

Member — Club

Mary Jean Lafrenz — Davenport Village

Al Shepley — Mount Vernon

Richard Lane — Park View



SANTA SACKS. Alburnett Lions hand out approximately 130 sack lunches as families came to visit Santa on Dec. 7. Pictured (L-R) are Sue and Joe Amaro, Mark Bienemann, Jeff Miles, Kim Gingrich, Jim and Roberta Carver.



FOOD BANK SUPPORT. Center Point Lions Club President Faith Rhinehart (left) presents a \$300 check to Center Point Food Pantry Director Janine Walters.

WELCOME NEW LIONS TO 9EC

Member	Club	Sponsor
Wayne Render	Alburnett	James Carver
Todd Wagner	Alburnett	James Carver
Daryl Pearson	Anamosa	Kandice McElroy
Kim Jochum	Bellevue	Joannie Kilburg
Rene Ted-Mulka	Blue Grass	Stan Stanfield
Mary Campbell	Cedar Rapids Noon	Barbara Taylor
Carol Engelken	Center Point	Bob Engelken
Nick Pederson	Clinton	Anthony Grezemski
Diann Kroger	Davenport Village	Carla Courtney
Bob Eberhart	Delmar	Deanna Grandick
Jackie Eberhart	Delamr	Deanna Grandick
Kevin Chapamn	Tipton	Charline Thurm

CLUB ACTIVITIES

ALBURNETT – Veterans Day Flags; Blood Drive; Santa Day; KidSight

ANDOVER – Santa Day; Veterans Day Flags; Christmas Food Baskets

BELLEVUE – Veterans Day Flags; Christmas Parade and Float; KidSight

BETTENDORF – Chili Supper

BLUE GRASS – Trash and Recycling Collection; Pies for Veterans; Dinner for Veterans; Food Boxes for Soldiers; Pies for Thanksgiving; Paint a Room for a Senior

CEDAR RAPIDS NOON – Vision Screening and Eyeglasses; Cake Sale Fundraiser

CENTER POINT – Boy Scout Pack 55 Donation; Adopt a Family; Scott for Tots

CLINTON – Eyeglasses Purchase; Shoe Distribution Souls 4 Soles

DAVENPORT BREAKFAST – Assist a Person with Eye Care

ELDRIDGE – Veterans Day Flag; Bingo Night; Eye Tissue Relay; KidSight; Eyeglasses Collection and Recycling; Meal Delivery; Food Pantry Collection; Blood Drive; Hometown Holiday; Christmas Cards for Seniors

LOW MOOR – KidSight; Feather Party; Fruit Baskets Delivery

MILES – Donations to Preston-Miles Ambulance and Community Thanksgiving; Light Up Miles

MONTICELLO – Souls 4 Soles; Food Pantry Donation

OTTER CREEK – Souls 4 Soles; Legion Hall and Park Maintenance; Cheese Sales; Veterans Day Flags; Meal Delivery; Peace Poster Contest

PRESTON – Donations to Local Civic Group; Prince and Princess Contest

STANWOOD – KidSight; Christmas Bell Program; Blood Drive; Souls 4 Soles; Food Pantry Donation

TIPTON – Trunk or Treat; Peace Poster; Donations to Local Civic Groups

WEST BRANCH – Eye Tissue Transport; Pickleball Open Gym; Concession Stand Work at University of Iowa; Road Clean-up; Veterans Day Supper; Veterans Day Flags; Eyeglasses Recycling; Smores for Christmas; KidSight; Blood Drive

DISTRICT 9EC CONVENTION REGISTRATION FORM

(please send one form per attendee)

March 14-15, 2025

March 14, 2025 • 6 p.m.

Monticello Golf Club, 712 N Maple St, Monticello
"Meet and Greet the International Director"
Robert "Ski" Marcinkowski from Fairbanks, Alaska
Catered Roast Beef Meal (\$20.00)

March 15, 2025 • 9 a.m. (8 a.m. registration)

Durgin Pavilion located on the campus of Camp
Courageous of Iowa, 12007 190th St, Monticello
(\$30.00 with Meal / \$15.00 without Meal)
Choose from Champagne Chicken Breast
OR Apple Bacon Smoked Pork Tenderloin

NAME: _____

OFFICE HELD: _____

CLUB/DISTRICT: _____

PHONE #: _____

E-MAIL: _____

FIRST TIMER (circle one): Y / N

Please note any special dietary needs.

I would like a display table for:

___ Friday Evening Meal \$20.00

___ Saturday Registration w/ Lunch/Breakfast \$30.00
CHOOSE ONE: Chicken Pork Loin

___ Registration Only (No Meals) \$15.00

TOTAL ENCLOSED _____

Make checks payable to Monticello Lions Club

*In order to guarantee meals, registration and payment
must be **received by March 1, 2025***

Send completed registration form and fee to:
Regena Busch, Convention Chair
22345 Songbird Dr
Monticello IA 52310

Membership! Membership! Why Is It Always About Membership

*By PDG Rick Baughman
MD9 Global Membership Team Coordinator*

Do you find yourself thinking “Why is it always about membership and what can I do about it? I don’t know how or don’t feel comfortable inviting anyone to join my club (or to start a new club). I know our club needs new, younger members but…”

You are not alone in your thoughts! Many Lions struggle with how they can help add more hands to serve their communities by giving the gift of Lionism. They might focus on “younger” who are in their 30s’ and 40’s instead of 10 years younger than themselves.

You are not alone in trying to figure it all out! Lions International has come to our rescue with two new virtual AI tools located on the [Lions Virtual website](#). You have got to check these out!!



LionsMap2Grow - has four modules to guide you where you need the most help:

1. Where would you like to grow Lions?
2. Develop a Membership Action Plan
3. Asset Based Community Development
4. Would you like to practice Recruiting?

Do you struggle with new service project ideas specific to your community? LionsMap2Grow can help with this by using the asset mapping section. This is a great way to help engage your members to help retain them!!

Do you want help in promoting your club?

LionsMarket2Grow can help with that:

1. Can you help me create a marketing plan for my Lion Club?
2. I’d like to promote our Lions Club’s latest service

project on social media.

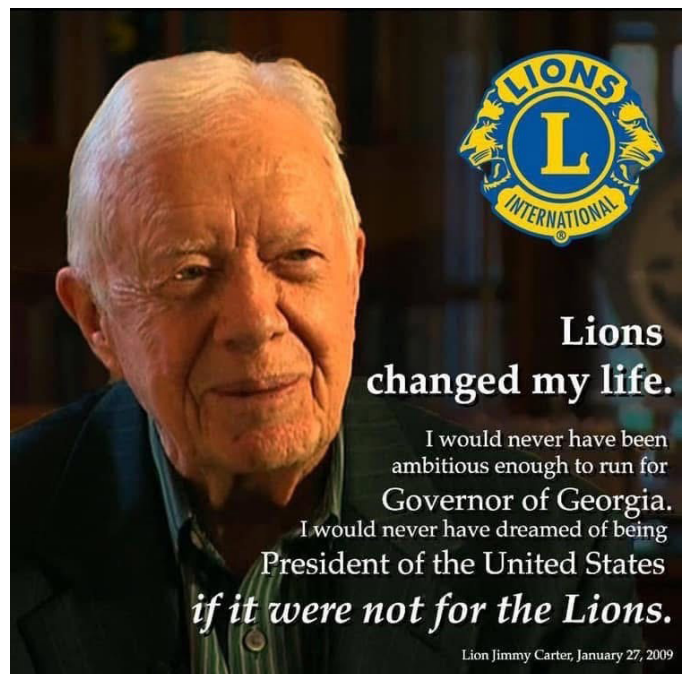
3. How can we get more community engagement with our Lions Club?
4. Can you guide me in creating a content calendar for upcoming Lions events?

We are in this together to Create a Culture of Growth within our clubs to share our love of service to others and grow our association. It takes a village, and YOU are part of that village.

MD9, keep asking and help Lions grow to 1.5 million members by June 30, 2027! District totals as of Dec. 31, 2024:

District	Total	Add	Drop	Gain/Loss
9EC	1,070	37	66	-29
9MC	807	34	77	-43
9NC	793	11	34	-23
9NE	1,060	29	57	-28
9NW	600	27	25	+2
9SE	761	15	23	-8
9SW	1,176	47	48	-1

“Never underestimate the power of a small group of committed people to change the world. In fact, it is the only thing that ever has.” ~ Margaret Mead



Three Major Iowa Lions Award Applications Due Feb. 28

By PID Ardie Klemish

The Lions Clubs of Iowa presents three major awards each year during the international banquet at the Iowa Lions State Convention. Iowa Lions come for an evening formal banquet to hear the keynote address from the international guest, to experience fellowship, and to honor fellow Lions who've completed exemplary work at the club, district, multiple district, international, and COMMUNITY levels.

Now is the time to submit those applications for the Ralph A. Whitten Service Award, the G.E. "Bud" Klise Leadership Award, and the Spark Plug Award for an emerging Lion leader. Nomination forms for all three awards are available on the [Iowa Lions website forms page](#). All applications must be typed. Be sure to include ALL the service and leadership qualifications for your nominee, not just in Lions but in life, for ALL they do for your community. Please include supporting details on each application. All applications must be postmarked by Feb. 28 – no exceptions. Applications are judged by the MD9 past international directors and the council chair. Finalists for each award are notified by mail and invited to attend the banquet at the state convention.

Ralph A. Whitten Service Award

Send Whitten nominations to PID Gary Fry, PO Box 606, Mitchellville, Iowa 50169.

The Lions of Iowa Council of Governors created the Ralph A. Whitten Service Award in 1994-95. It is presented in honor of the memory of PID Ralph Whitten from Urbandale. PID Ralph served as an International Director 1961-1963 and was instrumental in Iowa Lions until his death in 1998. PID Ralph was extremely service oriented, so this award was established to honor other Lions for their **exemplary service** at the club, district, and/or multiple district level.

The first award was made in 1995 with an annual award made every year since. The Whitten Service Award is only at the state level. District service

awards may NOT use Whitten in their title.

G.E. "Bud" Klise Leadership Award

Send Klise nominations to PID Judy Hankom, 705 2nd Ave. SE, Hampton, Iowa 50441

The Lions of Iowa Council of Governors established the Klise Leadership Award in 1989 upon the suggestion of PID Norm Dean. The award is to honor the memory of PID G.E. "Bud" Klise from Stockport. PID Bud served as an International Director 1980-82. He exemplified leadership in every aspect of life: Lionism at all levels, as well as in his community. He and his wife, Marilyn, were beloved by everyone who met them. His life was cut short by a fatal traffic accident shortly after he announced that he was a candidate for Lions Clubs International vice president.

The Klise Leadership Award is only at the state level. Districts may NOT use Klise in their titles.

Spark Plug Award

Send Spark Plug nominations to PID Ardie Klemish, PO Box 175, Anita, Iowa 50020

After approval by the Lions of Iowa Council of Governors in 2014, PID Dave Stoufer established the Spark Plug Award. A spark plug starts an engine and keeps it in motion. The Spark Plug Award honors Lions who give that same spark to a Lions' project at any level: club, district, or multiple district. Its purpose is to **recognize and encourage emerging Lion leaders** for their energy, creativity, and inspiration to others. There is no length of membership requirement. There are no requirements to hold any particular office. This award is to simply to recognize and honor our emerging leaders, not current or past leaders.

Any club or individual Lion may submit nominations-it's not just for the district governor to submit nominations. The Spark Plug award is only at the state level. Districts may NOT use "Spark Plug" in their award titles.



TRASH TALK. Western Dubuque Lions and volunteers pick up trash along the club's stretch of the Adopt-A-Highway program. Pictured (L-R) are Joey, Johnny, Jimmy Hoover, Andrew Hoffman and Cindy Recker. Andrew Hoffman is not a Lions member, but has helped the club with this service project a few times. Jimmy and Johnny are Joey's sons. Johnny joined Lions in January 2025.



THE IOWA LION

How Your Lions Club Can Join Adopt-A-Highway

*By Cindy Recker
Western Dubuque Lions Club*

The Adopt-A-Highway Program in Iowa has over 1,200 groups contributing to keep 27% of Iowa highways clean. You can find the available state highways to adopt on the [Adopt-A-Highway page](#) of the Iowa Department of Transportation website.

The Adopt-A-Highway program requires two pickups per year. I schedule a Sunday afternoon in April, June, and September for clean-up. I figured by scheduling three, I had a rain-date. The April clean-up is the heaviest, because the trash is easily seen with the shorter grass.

At the county level, county highways can also be adopted. Contact the County Highway Department. In some counties, the Board of Supervisors needs to approve the application. Follow through to make sure the sponsor sign is posted and to get bags and vests.

The "Pick Up Iowa" program, through the

organization Keep Iowa Beautiful, is helping local groups to clean up our towns and highways. I did this "Pick-Up" program in 2021 for the Adopt-A-Highway stretch with Western Dubuque Lions Club. I received grabbers, two sizes of trash bags, and a 5-gallon Lowes bucket free the first year. The "Pick Up" dates for the application are between April 15-July 31. Apply by April 30 on the [Pick-Up Iowa page](#) of the Keep Iowa Beautiful website. With Pick-Up Iowa in 2022, 3,500 volunteers donated over 6,555 hours to local pick-up events with an estimated 2,100 bags of trash collected.

For any cleanup, the most important part is to bring water for volunteers and meet afterwards at an ice cream shop to "Trash Talk." The Adopt-A-Highway clean-up is a great activity to involve students over 14 years old (or with parental supervision if under 14).

If you have questions, please contact me at 563-542-7143.

ADDITIONAL DIGITAL COVERAGE



CJ HONORS. Columbus Junction Lions Club recently held its annual awards night. Pictured (L-R) are Bill Hingst, recipient of the Warren Coleman Honorary Award; Past Council Chair Paul Hain from the Lone Tree Lions; Paul Duncan, Progressive Melvin Jones Fellow; Cassie Hingst, recipient of the Melvin Jones Fellowship Award; awards presenter Past Council Chair Nancy Love; Janice Buser, Warren Coleman Honorary Award recipient; and Mark Shearer, Progressive Melvin Jones Fellow.



AWARDS NIGHT. Washington Lions Club recently held its annual awards night. Recipients were (clockwise from top right) are: Dave Waite receiving a Melvin Jones Fellowship from Club President Bill Ebert; Jane Kruse receiving a Warren Coleman Honorary Award from President Ebert; Lion Dustin Sieren receives the Lion of the Year Award from President Ebert; Lion Eldon Miller and Past District Governor Fred Stark receive Monarch Chevron Awards for 40 and 60 years of Lions service, respectively.



ADDITIONAL DIGITAL COVERAGE



WARREN COLEMAN HONOREE. Johnston Lion Linda Beaman (center) accepts a Warren Coleman Award from Past President Dennis Meyer (left) and current President Alix Paez (right).



SANTA'S CABIN. The Parkersburg Lions Club's Santa house, where local kids come to visit Santa.



45TH ANNIVERSARY. Delmar Lions Club celebrates 45 years of serving their community with a Christmas party.

ADDITIONAL DIGITAL COVERAGE

FEBRUARY | 2025

LEADING THE WAY

Leader Dogs for the Blind - Lions Newsletter



Teen Orientation and Mobility

2025 dates available: June 15-21 | July 13-19 | August 10-16

- **TEEN GOAL:** Build independent travel skills by working one-on-one with a Certified O & M Specialist (COMS)
- **ADULT SUPPORTER GOAL:** Build knowledge with experiences to support teen with independent travel skills.
- Teen travels with adult supporter to Rochester Hills, MI. All public transportation for both teen and adult, and a room at a local hotel are covered by Leader Dog.
- Both teen and adult supporters learn new skills, build empathy and gain resources.
- Teens must have completed at least one year of high school.



Teen Summer Camp

2025 dates available: June 22-28

- **TEEN GOAL:** Explore mobility options, build leadership skills and make friendships with peers in a group setting.
- Teen travels to Rochester Hills, MI independently and meets our team at the Detroit Airport (information and what to expect will be clearly communicated). All public transportation and a private room on Leader Dog's campus are covered.
- Experience guide dogs, night travel, accessible GPS and more.
- Participate in fun camp activities—rock wall, zip line and team building
- Applicants must be 16 or 17 during the week of camp.



"I THOUGHT CAMP WOULD BE REALLY FUN, AND I WANTED TO MEET MORE BLIND PEOPLE MY AGE. I REALLY LIKED ALL OF THE NEW THINGS I GOT TO DO, AND I LIKED MEETING ALL OF THE OTHER CAMPERS. MY FAVORITE PART OF CAMP WAS EITHER ZIP LINING OR DOG DAY WHEN I GOT TO WALK WITH PENNY UNDER BLINDFOLD."

-LDB CAMPER



ADDITIONAL DIGITAL COVERAGE



FOUNDATION SUPPORT. Manson Lions member Past District Governor Pat Essing (right) presents 9NW Iowa Lions Foundation Trustee Roger Curtis with a \$500 donation from the Manson Lions Club.



BREAKFAST CRAFTS. A young girl and her mother assemble a craft activity during the Washington Lions Club's annual Santa Breakfast.



BUMBLING THROUGH CHRISTMAS. West Union Lions Club members assemble a display featuring Bumble the Abominable Snowman from "Rudolph the Red Nosed Reindeer" at West Union Recreation Park for the Festival of Lights.